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SMITH'S
Experiments,

BEING
A True Direction how to
Prepare several Medicines that
have been daily Experienc'd;
And frequently Sold,

By *JAMES SMITH*, Practitioner
in *Physick* and *Surgery*.



LONDON,
Printed for the Author, 1679.

SMITH
 & SONS
 BEING
 A True Direction how to
 Prepare Several Medicines that
 have been daily and long used;
 And in a peculiar Manner



LONDON

Printed for the Author, 1703



Gentlemen;

20. 6. 11.

I Having Travelled most Parts
 this Kingdome, Chiefly to see the
 variety of Diseases, and different
 wayes of Practice, that thereby
 might be more Capable of Serving the
 Part of the Countrey where I intend
 to Settle; (for it cannot be denied,
 Person Travelling to, and practising in
 many places, may see much more than
 he who is more Domestick, or Lives
 altogether at home) thought it a part
 of my Duty, now I intend to desist from
 Travelling, to leave behind me for your
 future benefit, some Receipts, or Wayes
 of preparing some Medicines, as may
 be Usefull in your Families: And you
 have here not only Directions how

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make those things which I sell from
 my Stages ; but several other as Useful,
 and as much Experienc'd as they.

I know you have seen many Pam-
 phlets of the like nature, but never any
 Reall as this: And though I may
 perhaps be Malign'd by some, who pre-
 fer their private Interest before a pub-
 lic profit ; yet fear of Offending such
 all never cause me to wave my Design,
 or check my Undertaking, in a thing that
 may be so generally Useful: And I
 hope it will be as Candidly Accepted, as
 faithfully Intended, from your Friend
 and Servant,

James Smith.

1. *How to make the Brown Balsom
Wounds, Aches or Pain in the
Limbs.*

TAke Oyl Olive 1 quart, Ro-
mary, Thyme, Cammomile, I-
yender, and Winter Savory, of ea-
half a handful; break or cut them
and boyl them in the Oyl till the
herbs be crisp; then strain it, and put
to the oyl Bees-wax and Yellow R-
zin, of each three quarters of a pound
Dogs-grease, Bears-grease, and black
Pitch, of each one ounce. Dissolve
these over a gentle fire, then as soon
as it is taken off the fire, add Veni-
Turpentine two ounces, Storax Li-
quid one ounce, Oyl of Earth-worm
Oyl of Melilot, and Oyl of St. John
wort, of each half an ounce, Oyl
Turpentine one ounce, Oyl of Spil-
two drachms: Stir these together till
they are cold.

(4)

*. How to make the Green Oyntment
for Burns or Scalds, Inflammation,
or Heat in any part.*

Take Hemlock, Henbane, Night-
shade, Groundfil, Housleek, Dwarf-
der, Marsh-Mallows, Chickweed,
and Plantain, of each a handful: Cut
the herbs, and put them to 2 quarts
Oyl Olive: Boyl them till the herbs
are crisp, then strain it, and put to the
Oyl one pound of Virgin Wax, dis-
solve the Wax, and then let it cool
3 degrees.

*. How to make an Excellent Water
for any Cureable Disease of
the Eyes.*

Take Quick-Lime two ounces, put
to steep Twelve hours in a Pint of
spring water, then take off the clear,
gently, strain it through a thin Rag,
that the scumme which will be at the
top

top get not through: Put it into
Brass Pan, and put to it *Sal. Armonia*
three drachms; stirre it with a Br
Spoon till it be very blew: Drop
it into the Eye two or three times
day.

4. *Another Remedy for the Eyes.*

Take white Rose-water, Planta
water, and Eyebright water, of ea
one ounce; Powder of white Suga
Candy half an ounce, *Olibanum* o
drachm: Mix them by pouring t
Water to the Powders in a Mort
by degrees, stirring with the Pest
all the while. *Use this as the former*

5. *How to make the Excellent Powde
for the Worms, to be taken in
Honey or Treacle in the
Morning.*

Take Tormentil Roots, Coriand
Seeds, Coraline, burnt Harts-horn,
Pulv

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Iveriz'd, of each one ounce; Salt
Wormwood one ounce; Mix them
together very well, and keep it dry.
probatum est.

The Dose for a man as much as
will lye on a shilling.

*An Excellent Powder for Ruptures,
or Broken Bellies, to be taken in Cla-
ret, or Strong Drink in the Morn-
ing.*

Take the Roots of Bistort, Round
Ruthwort, Tormentil, and the great
Comfrey, of each one ounce; Red
and Yellow Saunders, of each one
drachm and half; Dragons blood, and
Marts-horn, of each two scruples;
Sile-Armoniack two drachms; pul-
verize, and mix them all.

Dose from 12 grains to two scruples.

6. An

An Approved Remedy for the Epilepsie, or Falling-Sickness; to be taken in strong drink in the Morning.

Take Peony Roots, Round Birthwort, and Sassafras, of each one ounce; Pellitory of Spain 2 drachms, Caraway seeds, sweet Fennel seeds, and Rue, of each half an ounce; Leaves of Betony and Parsly, of each half an ounce: pulverize, and mix them together.

Dose from 12 grains to 2 scruples.

8. *The Powder to purge the Head.*

Take Rosemary and Betony, of each one scruple; black and white Hellebore, of each one scruple; Ireos one drachm and a half. Mix them all in fine powder, and take of it at Night one grain at a time.

9. *The*

9. *The Remedy for the Tooth-Ach.*

Take Pellitory of *Spain*, mix it with an equal quantity of Wheat-flower, and with the strongest Spirit of Wine. Make a paste, Roul it in thin Cakes, and cut it into square pieces and dry; hold a bit of it between the Teeth, in the hollow of the Tooth: Keep the Mouth shut as long as you can.

10. *The Composition of the General Purging Pill, being the Onely Purge for any Disease, either Cronical, or Acute, where Purging is necessary.*

℞. Scammonii ʒ ℥, pulp Coloquint.
 v, f. P. Fit cum Ol. Cariophill. Chim.
 S. F. M. Cui adde, Pil. Cochia min.
 Agregativa, an. ʒj. ℥. bene Contun-
 tur simul, et fiat massa pro Pilulis.
 os. gr. 10.

II. *An Excellent PILL for the Stomach.*

Take of *Pill. Ruffi*, call'd Pestilential, and *Pill. Stomachici* with the Gums, of each one drachm : Salt of Wormwood one scruple, *Elixir Proprietatis*, as much as will suffice to make a Mass for Pills.

Dos. half a drachm at Night.

12. *A good Remedy to stay Vomiting.*

Take Malmsey six ounces, Oyl of Vitriol 10 drops ; mix them, and take an ounce every morning fasting.

13. *Another for Vomiting or Spitting of Blood.*

Take 5 or 6 drops of Oyl of Marsh-mallows in Cinnamon water.

14. *A Notable Experienc'd Medicin
to ease the pain of the Gout.*

Take one or two of the foremoſt
Licking Whelps of a Maſtiff, or Bear
kit, kill them, and take forth the
Guts, fill them with black Snails,
Roaſt them, and baſte them with 10
unces of Oyl of Spike coloured with
ſaffron; Reſerve that which drop-
peth from them, and mix it with as
much Oyl of Wax; And therewith
oint the part grieved,

15. *A Remedy for a Sore Mouth either
in Young or Old.*

Take Plantane Water, Honeyſuckle
Water, and Barley Water mixt with
ſaccharum Saturni, and gargarize with

16. *An Excellent Remedy for Consumption or Coughs.*

Take Anniseeds, Carraway seeds, Coriander seeds, Lycorice, and Elicampane, of each half an ounce, Flower of Brimstone two drachms, Mix these with good Clarify'd Honey to the form of an Electuary, then add Balsom of Sulphur one drachm and Oyl of Anniseeds 10 drops, stirre it well, and take of it Morning and Evening as much as a Hazl Nut.

17. *The way of making Elixir Vitæ.*

Take Rosemary one handful, Juniper Berries two ounces, Angelic Roots, and Elicampane, of each half an ounce, Zedoary, and Cardamom of each three drachms; steep all these 24 hours in two Quarts of strong Spirit

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it of Wine; Then draw off in a Alembick very gently one quart and half a Pinte of the *Elixir*.

18. *To Blanch the Face.*

Take the Meat of Lemmons, the kernels being taken away, and a quantity of the first Sugar: Still these, and keep the Water to wash the face every Night.

19. *A Powder for the Stone, Sand, Gravel or Flegm, that Obstructs the Urine.*

Take Sopewort Roots, and Sea-radish Roots, of each half an ounce; Juniper-Berries, Bay-Berries, and Flaws, of each five drachms; Grovel-feed, Parsly-feed, and Carraway-seed, of each six drachms; Gumme Arabick and Sal Prunella, of each four

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four scruples: Pulverize, and mix
these, and put to them Oyl of Tur-
pentine one drachm, Oyl of Juniper
half a drachm.

*The Dose from 10 grains to half
drachm.*

20. 6. 11.

Vale.



(13)

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